

## Health care workers have the power to beat the flu!



*Protect yourself and patients—  
get your annual influenza  
vaccination today*

- **Fact:** Unvaccinated health care workers can be a key cause of influenza outbreaks in health care settings<sup>1</sup>
- **Fact:** Only 38% of health care workers receive a yearly influenza immunization,<sup>2</sup> despite longstanding recommendations from the Centers for Disease Control and Prevention (CDC) and other major medical groups<sup>1,2</sup>
- **Fact:** You can't get influenza from the inactivated vaccine, because it's made from killed virus. Remember that you need a new vaccination each year, because each immunization only lasts for one season.

**Join the team: sign below when you receive your immunization.**

**References:** 1. National Foundation for Infectious Diseases (NFID). Influenza immunization among health care workers. Available at: <http://www.nfid.org/publications/calltoaction.pdf>. Accessed April 2, 2004. 2. Centers for Disease Control and Prevention (CDC). Prevention and control of influenza: recommendations of the Advisory Committee on Immunization Practices (ACIP). *MMWR Morb Mortal Wkly Rep.* 2004;53(RR-6):1-40.